




October 2009

Activity Calendar

Subject to change.



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
Tuesday November 3 Brunch & Learn 10:00 a.m. Darin Noorda will present "What Now?" Discussion of Medicare Advantage plans and supplemental policies.			1 Breakfast with a Witch 7:30 a	2 Becky Kimball — Easy Listening
5 Kelly Warren & His Guitar 11:30 Fall Leaves Trip 10:00	6 Brunch & Learn 10:00 Fall Prevention by Al- pine Home Care Safe Driving Class 8:30-12:30 at EMS building No night ceramics Tonight. See 10-7	7 Birthday Party 12:30 Foot Clinic by appt. Night Ceramics class <i>change for this week only.</i>	8 Chiropractic by appt. Myer's Sponsors Lunch Legal Services by appt. Caregiver's Comfort Club 6:00 p	9
12 CENTER CLOSED FOR COLUMBUS DAY 	13 Integrity Foot Clinic by Appt.	14 Jerry Jensen & his Honky Tonk piano	15 DI Shopping Trip 9:15 a USU Cooking School 12:30 p	16 Odell Summers & His Xylophone
19 Advisory Council 9:15 Kelly Warren & Senior Idol Contest 11:30 Gillies Dollar Days	20 Pumpkin Pickin' 1:00	21 Memory Club 10 a Ceramic Shopping 10:00 Volunteer Training 5:00	22 Red Hat Halloween Party 1:15 p Bar J Wranglers	23 Decorating Pumpkins 10:30-12 Trevor White — Contemporary Music
26 Wendover 7:30 a Happy Feet by appt Kelly Warren & His Guitar 11:30 Halloween Dinner/ Dance 5-9:30	27	28	29 Commodities	30 Center Halloween Party 10:30-Noon

DAILY

Lunch M-F 12-1
Hall Walking 8-10 a
Library M-F 8-4
Pool Room M-F 8-4
Computer Lab 8-12;1-4

WEEKLY

Advanced Spanish M 10:00 a
Tai Chi M 10:00a
Intermediate Spanish T 10:00
Watercolor T 9:30-12

Square Dance T 7-10 p
Line Dancing M/W 1:00 p
Yoga Tu/Th 4:00 p
Bridge/Pinochle Th 1:00 p
Japanese Bunka Embroidery W 9:00
Tu/Th Ceramics 10-4
Ceramic NIGHT Class Tu 5-9
Sit & Dance Th 10:00
Sit & Be Fit W/F 10:00 a
Tap Dancing W/F 9 a
Beginning Ceramics F 10:00 a

Computer classes as scheduled:
Contact Nancy to enroll.

GENERAL INFO: Telephone
Reassurance, Friendly Visitor, Info.
and Referral; Senior Transit M-W-F
723-3303 X18; MOW Hot meals M-F
Frozen Sat-Sun.; **Please make
lunch & To Go reservations one
day in advance.**